

Joey Sarcoz, MA, LMFT - Psychotherapy



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Welcome and thanks for visiting my page. I provide therapy and counseling to LGBTQ+ individuals, couples, and family's facing a wide range of personal challenges in West Hollywood and Palm Springs. What are some of the emotional barriers you are experiencing? Depression? Anxiety? Ongoing conflict with your intimate relationship? Mid-life crisis? Self-medicating with drugs and alcohol? Stagnated by loss and grief? Want to feel better about life and reach a higher sense of being? In a comfortable and nurturing atmosphere conveniently located in the heart of West Hollywood and downtown Palm Springs, I offer a personalized approach tailored to your needs, to attain the personal growth you are striving for. Drawing from a variety of methodologies and techniques I provide guidance and direction and assist you in resolving current life and long-standing barriers. Treatment experience: relationship challenges, depression, anxiety, family dynamics, substance abuse, sexual identity, grief and loss, aging, phobias, childhood trauma, self-loathing, anger management, panic attacks and PTSD. If you are seeking counseling and psychotherapy services in the West Hollywood and Palm Springs area, please contact me and let's start working together on a better

you. <http://www.westhollywoodcounseling.com>

Specialization(s): Depression, Anxiety, PTSD, Relationship Challenges, Substance Use, Low Self-esteem.
Rates: Available upon request.

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