

Valerie J. Elsbree M.S.W., L.C.S.W., C.A.P., P.A.



1400 E Oakland Park Boulevard, Suite 202
Oakland Park, Florida 33334
United States

Phone: 954-579-3049
Fax: 954-564-4117

Welcome and congratulations on taking the first step to improve your life! I am a licensed psychotherapist in private practice in Oakland Park, Florida. With my Master's Degree in Social Work and as a Certified Addictions Professional, I have been helping people with depression, addiction, relationships and much more for 30+ years. I strive to provide a safe, trusting, confidential, and nurturing environment so my clients feel comfortable. I work with a variety of matters, such as depression, relationships, anxiety, eating disorders, grief/loss, trauma, all forms of addictions, and LGBT+. I work with all ages from adolescents to seniors. Again, congratulations for being proactive in improving your life, relationship, and/or family. I believe we are unable to get a feel for a person through a website and choosing a therapist is a very personal and private endeavor; so please don't hesitate to contact me by phone to discuss any questions or concerns you may have regarding your private counseling experience.

Specialization(s): Addictions, Relationships, Trauma, Grief
Rates: \$100 - \$150

[Website](#)
[Email](#)

