

# Eileen A. Epstein PhD, LCSW-C

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Psychotherapist with 30 years of experience serving the emotional, relational, and psychological needs of the LGBTQ community. Successful in working with the cutting-edge theories and practices of attachment, affective neuroscience, and mindfulness-based therapy for individuals and couples: AEDP (Accelerated Experiential Dynamic Psychotherapy) and EFT (Emotionally Focused Couples Therapy). These approaches are each healing-based, not pathology-based modalities. For more on these approaches please go to Wikipedia. Out-of-Network provider. Not on any insurance panels. No Medicare nor Medicaid. Credit Cards Accepted

Specialization(s): Relationships; anxiety; depression; parenting  
Rates: \$170 - \$200 per 60 minute hour  
GayLesbianDirectory Discount Offered: \$5

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