## Spirit-Vibes Spiritual Coaching



PO Box 51454 Durham, North Carolina 27717 United States

Phone: 919-869-1774

Find Serenity: Spiritual coaching can support & you in finding your way to inner peace through difficult traumas, decisions, and challenges. You can be of any religion or none -- spiritual peace does not depend on your denomination or faith, but on your openness to loving, to feeling joy, and to growing in wisdom and understanding. I know how to hear what your heart is saying. And I know how to guide you toward expressing your highest and best self. I am an "out" ordained interfaith minister, leading an open and friendly congregation. I specialize in helping others to discover, experience, and to celebrate the fullness of their spiritual being. This process is often the gift that emerges from difficult or traumatic life events – grieving, failure, illness, addiction, relationship issues, and losses of all kinds. I am here to help you find the open door that leads from turmoil to inner peace and joy. I am experienced in 12-Step programs. Spiritual coaching and psychotherapy differ: spiritual coaching helps you focus on finding peace within and around you. Through Spiritual coaching, you discover your life mission and how to embrace it in a spirit of love. Spiritual coaching focuses on wholeness beyond everyday material concerns, on the path to peace, prosperity, wellness, and love. Website special: Free initial

30 minute consultation, to ascertain how I can help you. Rev. Rosemary C. Hyde,

Ph.D., BCCC, BCPC Ordained Interfaith Minister, Board Certified Chaplain and Pastoral Counselor - Your

"Spirit-Vibes" Life Coach

<u>Website</u> <u>Email</u>