

Gilda Clarke, Licensed Professional Counselor



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I work from a solution-focused model to help you work through issues of self-esteem, anxiety, depression, trauma and relationships. I have a special sensitivity to issues of sexual orientation, both from an individual and family perspective. My goal is to understand clients from a non-judgmental stance and to establish a relationship that provides empathy, genuineness, and transparency. I focus on client's strengths and believe that clients have inner resources to effectively solve their problems. I will help you face your challenges, regain hope, and aid you in designing the future you wish to achieve and the means of achieving your goals.

Specialization(s): Anxiety, Depression, Relationship, Career

Rates: \$125

GayLesbianDirectory Discount Offered: 10%

[Website](#)

[Email](#)

