

# Michelle Darby-O'Bar, LCSW, MSW, BC-TMH

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Bangor, Maine 04401  
United States

Phone: 336-528-4370

I believe that all people need to be treated with dignity and respect. As such, I am committed to providing therapy that is affirming of the LGBTQ+ community.

Whether you are seeking therapy for day to day issues, needing affirmation and support for gender identity, struggling with societal or family pressures, or any other concern, you will get to be who you truly are with me without judgement. I am a member of WPATH (World Professional Association for Transgender Health) and provide gender affirming care. Providing online mental health services to residents of North Carolina and Maine. <https://wholeheartednow.com/>

Specialization(s): Clinical social work

Rates: \$45 for 30 min session, \$70 for 50 minute session

[Website](#)

[Email](#)

