

Stacy-Colleen Nameth, LCSW, Trauma, Addiction, LBGTO



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Stacy-Colleen offers a judgement free and confidential setting to work through obstacles that are getting in the way of your personal growth and happiness. She has worked in the social service field for over twenty years, specializing in the treatment of substance abuse and addiction, families affected by another's drug/alcohol use, childhood and adult complex trauma and loss, depression, anxiety, grief, relationship and communication issues, sexual and gender orientation and identity, adolescent issues, parenting problems, anger management, career changes, phase of life issues, and more. She worked as the Clinical Director with LGBTQ youth and trained and supervised interns and associates in being competent in areas of direct therapy. She has experience providing therapy, supervision, consultation and mediation. SC utilizes a direct approach with a some humor thrown in. Therapy can be challenging, yet enjoyable. She gives homework between sessions in order to continue the work done in session and create a more integrated process. Please call for an initial 10 minute phone consultation or email for a faster response for answers to your questions.

SC works with individuals, couples and families, and with both the adolescent and adult population. Appointments are available during the day and evening week days, and she has 3 associates available on weekdays and weekends and for a lower fee. Stacy-Colleen works with various theoretical orientations to find a style that works best for each individual client. She also uses Somatic Experiencing, Trauma Resiliency Model, EMDR and Attachment trauma treatment, yoga, yoga nidra and prescriptive yoga, and a 12 step focus.

Specialization(s): Trauma, substance abuse, LGBTQ, parenting, job stress, depression, anxiety, addiction

Rates: \$250 and low fee, Accept PPO insurance as an out of network provider.

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