

# Jonathan Lebolt, PhD, LCSW, CGP - Psychotherapist

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301 South Livingston Ave  
Livingston, NJ, New York, NY, Baltimore, MD, New Jersey 07039  
United States

Phone: 973-524-4917

We all have strengths that we can develop, as well as challenges from which we can grow. Each crisis in our lives is an opportunity for healing and growth. As your therapist, I will use a variety of techniques to help you achieve your personal, professional, and spiritual goals. I look forward to guiding and accompanying you on your journey. My specialties include: Relationship issues (self and others) Recovery from depression, bipolar disorder, trauma, anxiety (including social anxiety) & addictive behaviors Realizing your vocation/life calling Gay, lesbian, bisexual, and transgender concerns Issues of race and ethnicity Spiritual growth I have a PhD in Clinical Social Work, and I am licensed in NJ, NY, DC, MD and FL. A certified Clinical Telemental Health Provider and Certified Clinical Trauma Professional, I am also certified in Psychoanalysis (contemporary relational approach) and Group Psychotherapy. My services include: Individual psychotherapy Psychoanalysis Couples therapy Group therapy Professional consultation (for licensed clinicians). Feel free to contact me for a Free Consultation--I look forward to hearing from you!--Dr.

Jonhe/they

Rates: Individual & Couples Therapy, Psychoanalysis & Professional Consultation: \$255/Group Therapy: \$115. Fee reductions possible depending on finances. I don't

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accept insurance, but I file claims for clients with Out-of-Network benefits. page 1 / 2

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