

Murray S. Kaufman, IRVINE COUNSELING AND HYPNOSIS



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Irvine Counseling and Hypnosis"A therapist that's easy to talk to; one who really listens to you, so that you feel heard and understood. A therapist who is caring, and gets results."I have 28 years expertise in the Counseling/Hypnotherapy fields. My specialties include Clinical Hypnotherapy, Depression, Anxiety, Relationship issues, Life Transitions including GLBT issues. In addition, I also specialize in working with marital and pre-marital couples who want to make their relationship a happier one.I am also a National Board Certified Diplomate in Clinical Hypnotherapy and utilize medical hypnosis as an adjunct treatment in dealing with issues including stopping smoking, stomach/gastrointestinal problems including IBS, sexual dysfunction, self-confidence, test preparation, compulsive habit control, sports performance, weight management , insomnia, and memory difficulties.I have a private practice in Irvine, CA, Irvine Counseling and Hypnosis, where I am privileged to assist individuals, couples, and families in finding more joy in their lives.Education:MA - Transpersonal Psychology, Institute of Transpersonal Psychology, Palo Alto, CAMA - Music, Philadelphia College of the Performing Arts, Philadelphia, PA.Certifications:California License in Marriage and Family Therapy (MFC31444)Certification in Clinical HypnotherapyNational Board Certified Diplomate in Clinical Hypnotherapy (NBCDCH)Memberships:Clinical Member California Association for Marriage and

Family TherapyMember American Society of Clinical Hypnosis

Specialization(s): GLBT, Marriage and Family Counseling, Clinical Hypnotherapy

Rates: \$150 / 60 minutes

GayLesbianDirectory Discount Offered: 50% Off Initial Consultation-Please mention when calling.

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