

# Lee Crespi, LCSW

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Psychotherapy and Couples Counseling for the LGBT communityI have over 30 years of experience working and living in the LGBT community and am available for individual and couples therapy. In my work with clients flexibility, forthrightness, and respect for the client are essential to good therapy. My approach is flexible and active. I believe that we understand ourselves better by understanding our family relationships and history as well as by understanding our present day triggers and vulnerabilities Theoretically, I utilize a Relational model, and incorporate elements of other psychodynamic approaches as the situation calls for it. I have training in Emotionally Focused Therapy (EFT), Collaborative Couples Therapy, and in working with couples with ADHD. Office in Chelsea, NY and Carroll Gardens, Brooklyn.

Specialization(s): Couples Therapy, Adult ADHD, Parenting

Rates: \$175-250/session

GayLesbianDirectory Discount Offered: 10%

[Website](#)

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