

# In Touch NYC Physical Therapy

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## IN TOUCH NYC PHYSICAL THERAPY

162 W 56th Street  
New York, New York 10019  
United States

Phone: 212-288-2988

In Touch NYC Physical Therapy is a New York City based rehabilitation service specializing in helping injured patients return to daily activity. In addition to traditional physical therapy, we offer Pilates as a one of our methods of core strengthening and rehabilitation. Weekday and weekend AM/PM appointments are available and we accept most health insurance plans.

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