

# Erik Edler, Counseling & Psychotherapy

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My treatment approach is very interactive, focusing on emotional processing, new perspectives, and skill-building. I feel it's important to be real with clients, to really listen, to always be supportive, and to give honest feedback. You'll discover new ways of thinking about yourself and your partner and the issues you're facing, and you'll find new ways of moving forward. Please feel free to contact me for a free 30-minute phone consultation, and we can talk a little about the issues you're facing, and then decide how we can best go forward. Visit my website

Specialization(s): Anxiety, Depression, Midlife Crisis, Relationships, Life Coaching,  
Couples Counseling, Life Transitions  
Rates: \$135 - \$185

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